

European EPIC Conference on Nutrition, Lifestyle and the Prevention of Obesity and Chronic Diseases

22-23 October 2009

Institut Catalan de Oncologia (ICO), Barcelona, Spain

Promoted by

Department of Epidemiology and Public Health, Imperial College London, UK
Julius Center, University Medical Center Utrecht, the Netherlands
Catalan Institute of Oncology, Barcelona, Spain
International Agency for Research on Cancer (IARC), Lyon, France
National Institute for Public Health and the Environment (RIVM), the Netherlands

PROGRAMME

Thursday 22 October 2009

09.00 - 09.30 Opening Ceremony and welcome

(Chair: *Elio Riboli*, Imperial College London)

09.05 - 09.10 *Joaquim Esperalba* (Catalan Institute of Oncology, Spain): Welcome

09.10 - 09.15 *Antoni Plasencia* (Catalan Ministry of Health, Spain)

09.15 - 09.20 *Idelfonso Hernandez Aguado* (Spanish Ministry of Health, Spain)

09.20 - 09.30 *Carlos A. González* (Catalan Institute of Oncology, Spain): Introduction

09.30 - 10.00 Chris Wild (IARC, Lyon): Opening lecture: Challenges in Cancer Prevention

10.00 - 13.00 EPIC results: Lifestyle and Cancer Risk

(Chair: *Anne Tjonneland*, Danish Cancer Society, Denmark)

10.00 - 10.30 *Antonio Agudo* (Catalan Institute of Oncology): EPIC: Role of Smoking on Cancer risk

10.30 - 11.00 *Manuela Bergman* (German Institute of Human Nutrition, Germany): The role of alcohol use on cancer risk and other health outcomes in EPIC

11.00 - 11.30 Coffee and poster session/poster prize

11.30 - 12.00 *Elio Riboli* (Imperial College London): Role of Diet on Cancer risk

12.00 - 12.30 *Tobias Pischon* (German Institute of Human Nutrition, Germany): Role of Obesity on Cancer risk and Mortality

12.30 - 13.00 *Rudolf Kaaks* (German Cancer Research Center, Germany): Role of Hormones, Metabolic and Reproductive Factors on Cancer risk

13.00 - 14.30 Lunch and Poster Session

14.30 - 17.30 Priorities for European Research on Nutrition, Lifestyle and Cancer and Chronic Diseases (Chair: *Göran Hallmans*, Umeå University, Sweden)

14.30 - 15.00 *Barrie Margetts* (Public Health Nutrition, United Kingdom)

15.00 - 15.30 *Manuel Hallen* (Directorate for Health Research, European Commission, Belgium)

15.30 - 16.00 Tea and Coffee

16.00 - 16.30 *Representative* (World Health Organization)

16.30 - 17.30 Round Table discussion: *Chris Wild* (IARC), *Representative* (WHO), *Jeroen Hulleman* (Dutch Government), *Elio Riboli* (EPIC), *Petra Peeters* (EPIC PANACEA), *Barrie Margetts* (Public Health Nutrition), and *Manuel Hallen* (European Commission)

Evening reception and dinner

PROGRAMME

Friday 23 October 2009

09.00 - 09.05 **Opening** (*Elio Riboli*, Imperial College London)

09.05 - 09.30 **Jaap Seidell** (EMGO institute, VU University Medical Center, the Netherlands)
Opening lecture: Obesity epidemic in Europe

09.30 - 11.45 **PANACEA: Nutrition and Obesity**
(Chair: *Franco Berrino*, National Cancer Institute, Italy)

09.30 - 09.45 *Petra Peeters* (Julius Center, University Medical Center Utrecht, the Netherlands):
Introduction to PANACEA

09.45 - 10.10 *Teresa Norat* (Imperial College London, UK): Foods' intake and weight gain

10.10 - 10.35 *Dora Romaguera* (Imperial College London, UK): Food patterns and weight gain

10.35 - 11.00 *Androniki Naska* (University of Athens, Greece): Eating out of home and weight gain

11.00 - 11.30 Coffee and poster session

11.30 - 12.45 **PANACEA: Other Lifestyle Determinants of Obesity**
(Chair *Eiliv Lund*, University of Tromsø, Norway)

11.30 - 11.55 *Ulf Ekelund* (MRC Epidemiology Unit, Institute of Metabolic Science, University of
Cambridge, UK): Physical activity and weight gain

11.55 - 12.20 *Noémie Travier* (Catalan Institute of Oncology, Spain): Tobacco use and weight change

12.20 - 12.45 *Anne May* (Julius Center, University Medical Center Utrecht and National Institute for Public
Health and the Environment, the Netherlands): Combined impact of lifestyle factors on
weight gain

12.45 - 14.00 Lunch and Poster Session

14.00 - 16.00 Epidemiology and prevention of cardiovascular diseases, diabetes and obesity
(Chair: *Bas Bueno-de-Mesquita*, National Institute for Public Health and the
Environment, the Netherlands)

14.00 - 14.25 *Nick Wareham* (MRC Epidemiology Unit, Institute of Metabolic Science, University of
Cambridge, UK): EPIC and the aetiology and prevention of type 2 diabetes

14:25 - 14.50 *Salvatore Panico* (Federico II University of Naples, Italy): The EPICOR Study

14.50 - 15.15 *Thorkild Sørensen* (Institute of Preventive Medicine, Denmark): Diogenes: genes and
obesity

15.15 - 15:40 *John Danesh* (University of Cambridge, UK): EPIC-Heart

15.40 - 16.00 Closure of the meeting (*Elio Riboli and Carlos Gonzalez*)

Contacts

Registration, Travel, and Barcelona Information:

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